









Despite progress, girls in particular continue to face barriers to development and freedom from harm. To address these challenges, Canada played a leadership role, along with Plan Canada, and in partnership with Turkey and Peru, in the UN General Assembly's recent proclamation of October 11 as International Day of the Girl Child. The annual event will empower girls as citizens, leaders and powerful motivators of change.

This shows how countries that work together can improve the lives of women and girls around the world, today and in the future.

Thank you, Madame Chair.

Take your physician's pulse

Chances are you've heard of some form of alternative medicine, like Ayurvedic or Chinese medicine. To say these terms is to say they're not from here. They're from India, where they've been used for thousands of years. And while they may not be as well-known as Western medicine, they offer many benefits.

For example, Ayurvedic medicine focuses on the balance between body, mind, and spirit. It uses herbs, oils, and minerals to restore balance and promote health. It also emphasizes the importance of diet and exercise.





proclamation, par l'Assemblée générale des Nations Unies, du 11 octobre comme Journée internationale des filles.

Cette journée permettra de promouvoir l'émancipation des filles à titre de citoyennes, de meneuses et de grandes artisanes de changement. Sa proclamation démontre que les pays peuvent, par la collaboration, améliorer la vie des femmes et des filles du monde entier, aujourd'hui et pour l'avenir.

Madame la présidente, je vous remercie.

